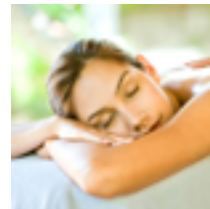


kate & tom's

Extraordinary holidays, celebrations & adventures



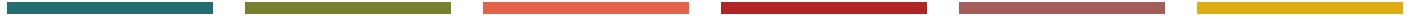
Enjoying your stay at Seascape

Everything you need to get the most out of your stay

Contents

Arrival	3
<i>Where We Are</i>	3
<i>Check in and check out</i>	3
Getting to us	4
<i>Directions to Seascap</i> e	4
Cooking & dining - chef services	5
Cooking & dining - great places to eat & drink	6
Cooking & dining - great places to eat & drink	7
Cooking & dining - shopping for food	8
Things to do - activities and pampering	9
Top things to do with children	11
Top places to visit & shop nearby	12
Useful information	13
Guest reviews	15

Arrival



Where We Are

Property Name:	Little Polgarron
Address:	South-West Coastal Path Padstow
County:	Cornwall
Postcode:	PL28 8LN

Check in and check out

Check in time:	4pm
Check out time for 2 night weekend bookings:	10am
Check out time for 3 night weekend bookings:	10am
Check out time for 7 night week bookings:	10am

Getting to us

The best postcode to use with Satnav is:	PL28 8LN
Nearest Train stations and distance:	Newquay Railway Station, about a 30 minute drive away
Taxis are available:	A 2 B Newquay Tel: 01637 875555. West Side Taxis. Tel: 07828 149647.
The nearest airport is:	Newquay Cornwall Airport, TR8 4RQ (a 20 minute drive)

Directions to Seascape

Travel on the A30, A39 and follow signs to Padstow.

Whilst driving down the B3274, and nearing Padstow, you will see a sign on your left that says 'St Merryn' to the left. Go down this road for about 2 miles, travelling through Tregolds, following the bend to the right and taking a left turning towards Porthcothan. Drive down this road for about 1 mile until you reach a crossroads; take a left onto the B3276 and drive for another 200 metres. Follow signs for Trevoze Golf Club. When you reach the golf course, take the lane to the left, past the course. Follow signs towards Trevoze Head and Lifeboat Station. When you pass the Mother lveys Bay Holiday Park on your right, take the little lane on your left. Follow this lane, and at the fork in the lane, Seascape's entrance is the one on the right.

Cooking & dining - chef services

You'll find our top recommendations below. If you do discover any other gems please do let us know and we will share them with other guests visiting the property.

Catering and Drop-off meal service

Chef Smyth. Tel: 01637 800723 / 07891 785145 or email: bookings@chefsmyth.co.uk.
www.chefsmyth.co.uk

Cornwall Chef. Tel: 07900 025604 / 07842 721894 or email: corrina@cornwallchef.com.
www.cornwallchef.com

Gourmet Caterers. Tel: 01726 821921 or email: david@gourmet-caterers.com.
www.gourmet-caterers.com

Cooking & dining - great places to eat & drink

Nearest Pub

The Cornish Arms, Church town, St Merryn, PL28 8ND, Tel: 01841 532700

Gorgeous Rick Stein pub managed by head chef Alex Clark that serves wonderful food and excellent, well-maintained ales and ciders.

Pubs

The Cornish Arms, Church town, St Merryn, PL28 8ND, Tel: 01841 532700

Less than a 10 minute drive is the gorgeous Rick Stein pub managed by head chef Alex Clark that serves wonderful food and excellent, well-maintained ales and ciders.

The Traveller's Rest, Trevarrian, TR8 4AQ, Tel: 01637 860245

A family-friendly gastropub with tasty home-cooked food and live acoustic music every Sunday afternoon.
www.travellersrestcornwall.com

Stiltskin's Bar and Restaurant, Carvynick Farm, Summercourt, TR8 5AF, Tel: 01872 510544.

Consistently praised for its high class food, varied menu and beautiful location.
www.stiltskinsrestaurant.co.uk

Restaurants

The Scarlet Restaurant, Tredragon Road, Mawgan Porth, TR8 4DQ, Tel: 01637 861800

Mawgan Porth's best restaurant for fine dining. Wonderful presentation and local, seasonal ingredients.

The Seafood Restaurant, Riverside, Padstow, PL28 8BY, Tel: 01841 532700

Rick Stein's well established eatery is easily one of the best restaurants in the whole of Cornwall. Fish takes centre stage here - obviously - and it is all locally caught and fresh.

Rojano's in the Square, 9 Mill Square, Padstow, PL28 8AE, Tel: 01841 532796

Based in Padstow, this amazing Italian family restaurant is not one to miss. Fish dishes are abundant, as are pizzas and pastas.

Best places to eat out with children

Rojano's in the Square, 9 Mill Square, Padstow, PL28 8AE, Tel: 01841 532796

Children are welcome at Rojano's that have their own child's menu.

The Blue Fish Bar, Riverside Court, Mawgan Porth, TR8 4BA.

Great fish and chips, just a few minutes down the road from the Dunes, with a children's menu and outdoor dining area.

www.bluefishbar.co.uk

Cooking & dining - great places to eat & drink

Bedruthan Hotel Restaurant, Trenance, Mawgan Porth, TR8 4BU. Tel: 01637 861212.

A colourful restaurant with sea views, a sophisticated menu and a reputation for great family dining.

www.bedruthan.com/foodanddrink

Best Takeaways

Indian: **Indian Dining Club**, Station Parade, Newquay, TR7 2NG. Tel: 01637 839125.
www.indiandiningclub.co.uk

Chinese: **Wah Hing**, 62 East Street, Newquay, TR7 1BE. Tel: 01637 874702.

Cooking & dining - shopping for food

Closest Local Shop

Cornish Fresh! Provisions, Bakery and Delicatessen, Mawgan Porth, TR8 4BA. Tel: 01637 860850.

Farm Shops

Bre-pen Farm Shop, Mawgan Porth, TR8 4AL. Tel: 01637 860420.

www.bre-penfarm.co.uk

Gluvian Farm, Mawgan Porth, TR8 4BG. Tel: 01637 860635.

www.gluvianfarmorganics.co.uk

Shopping in Padstow

Padstow is your main shopping town, about a 10 minute drive away.

Bakers

The Chough Bakery, 3 The Strand, Padstow, Cornwall, PL28 8AJ, Tel: 01841 532835

Butchers

Peter Morris Butchers, 69 Fore St, St. Columb, Cornwall, TR9 6AJ, Tel: 01637 880445

Delis

Relish Food & Drink, 8 Foundry Court, Wadebridge, Cornwall, PL27 7QN, Tel: 01208 814214

Supermarkets

Tesco Superstore, Sarahs Lane, Padstow, Cornwall, PL28 8EL, Tel: 03456 779529

Home Delivery

Sainsbury's - www.sainsburys.co.uk

Tesco - www.tesco.com

Things to do - activities and pampering

We strongly advise that all extras and activities are booked as early as possible after booking to avoid disappointment. Our top recommendations for activities and pampering are below.

Watersports

The Extreme Academy, Watergate Bay, Newquay, TR8 4AA. Tel: 01637 860543.

Offers surfing, kitesurfing, traction kiting, waveskiing, stand-up paddlesurfing and hand planing sessions.
www.watergatebay.co.uk/content/extremeacademy.htm

Lusty Glaze Adventure Centre, Lusty Glaze Road, Newquay, TR7 3AE. Tel: 01637 872444.

Offers surfing lessons, coasteering, jet ski rides, abseiling and climbing activities.
www.lustyclaze.co.uk

Harlyn Surf School, 23 Grenville Rd, Padstow, PL28 8SB. Tel: 01841 533076.

Offers surfing, kayaking, stand-up paddleboarding and coasteering.
www.harlynsurfschool.co.uk

Outdoor Activities

Green Leisure, Newquay. Tel: 07773 255426 or email: mark.lytham@greenleisure.co.uk.

Offers clay pigeon shooting, archery, falconry, mountain biking, 4x4 off-road driving, bushcraft lessons, orienteering, canoeing and laser combat.
www.greenleisure.co.uk

Arts & Crafts

Disco Beads, Surfside, Mawgan Porth, TR8 4BA. Tel: 01637 860825 or email: info@discobeads.com.
www.discobeads.com

Pampering

The Scarlet Spa, Tredragon Road, Mawgan Porth, Cornwall, TR8 4DQ. Tel: 01637 861800.
www.scarlethotel.co.uk/spa.asp

Live Entertainment

Mawgan Porth Cabaret Club, Marver Holiday Park, Mawgan Porth, TR8 4BB.
www.mawganporthcabaretclub.co.uk

Golf

Merlin Golf Club, St. Eval Road, Mawgan Porth, TR8 4DN. Tel: 01841 540222.
www.merlingolfcourse.co.uk

Treloy Golf Club, Newquay, TR8 4JN. Tel: 01637 878554.
www.treloygolfclub.co.uk

Bike Hire

Padstow Cycle Hire, South Quay, Padstow, PL28 8BL. Tel: 01841 533533.
www.padstowcyclehire.com Make sure to ride Cornwall's favourite bike trail, the Camel Trail.

Things to do - activities and pampering

Horse Riding

Newquay Riding Stables, Trenance Stables, Trenance Leisure Centre, Newquay, TR7 2HU. Tel: 01637 872699.
www.newquayridingstables.co.uk

Go Karting

St. Eval Kart Circuit, St Eval, Wadebridge, PL27 7UN. Tel: 01637 860160.
www.cornwallkarting.com

Top things to do with children

Our top recommendations for outings with children are below.

King Surf School, Tel: 01637 860091 / 07917 05455 | or email: booking@kingsurf.co.uk.

King Surf School teaches on the beach at Mawgan Porth, very close to The Dunes. It runs particularly good family lessons and lessons for children, with B.S.A approval as a surf school for children from age 11. www.kingsurf.co.uk

Newquay Water World, Trenance Leisure Park, Newquay, TR7 2LZ. Tel: 01637 853827.

Check out Newquay Waterworld and its two indoor pools – where you can have loads of fun shooting the water cannon, wrestling with a crocodile and riding the flumes. www.newquaywaterworld.co.uk

Newquay Zoo, Trenance Gardens, Newquay, TR7 2LZ. Tel: 08444 742244.

Newquay Zoo has a spectacular variety of creatures to see and is the only place in Cornwall to have lions. www.newquayzoo.org.uk

The Blue Reef Aquarium, Towan Promenade, Newquay, TR7 1DU. Tel: 01637 878134.

Visit the Blue Reef Aquarium and take the ultimate undersea safari. Enjoy close encounters with everything from tropical sharks to enchanting seahorses. www.blureefaquarium.co.uk/newquay

Pot-tea Training, 25A East Street, Newquay, TR7 1DN. Tel: 07912 269170.

A relaxed and friendly pottery-painting café in the centre of town. www.pot-teatraining.co.uk

Top places to visit & shop nearby

Padstow

Padstow is a fishing town around an 10 minute drive from Seascape with plenty of specialist angling and seafood shops. The community is very much centred around its harbour, where many companies run fishing and pleasure boat trips for visitors. Children can fish for crabs from the harbour wall and see lobsters up close at the National Lobster Hatchery, an important conservation project. Padstow is an excellent place to see seals and dolphins, and several companies run 'sea safari' boat trips with knowledgeable guides.

Newquay

Newquay is widely held to be the surfing capital of the UK for its fantastic waves and award-winning beaches. It's a popular place for a whole range of watersports, with many centres along the coast providing tuition and equipment hire for activities like kayaking, paddleboarding and coasteering. Newquay is also the best place nearby to go shopping, with a good range of high street shops, independent boutiques and specialist watersports gear suppliers.

The National Lobster Hatchery, South Quay, Padstow, PL28 8BL. Tel: 01841 533877.
www.nationallobsterhatchery.co.uk

Padstow Sea Life Safaris, Padstow harbour, PL28 8BP. Tel: 07754 822404.
www.padstowsealifesafaris.co.uk

Useful information

Seascape at a glance

- Sleeps up to 10 guests
- Five double bedrooms, all with en suite bathrooms
- All five bedrooms have balconies
- Downstairs WC

Cooking and Dining

- Main dining table seats 12 comfortably
- Additional dining table seats 6 comfortably
- Fully equipped kitchen
- Fantastic chef available for a special meal or throughout the weekend
- BBQ
- Drop-off meals available
- Tables and chairs on terrace
- Good dining nearby
- Online deliveries

Children Welcome

- Cots available on request
- High chairs available on request
- Board Games
- Telescope
- Games Consoles

Where We Are

- The postcode is PL28 8SH
- The nearest town is Padstow, four miles from the house
- The nearest station is Newquay, half an hour's drive away
- The nearest airport is Newquay
- Taxis available
- Plenty of parking

Things to Do Inside

- Cinema room with 50" TV
- Surround Sound music system
- iPod Dock
- Telescope
- Board Games
- BluRay/DVD player
- DVD's
- Library
- Apple TV
- Playstation

Useful information

Things to Do Outside

- An acre of garden
- Direct access to Booby's Bay from garden
- Sun loungers
- Sun trap garden
- BBQ
- Terrace for alfresco dining

Activities

- Surfing
- Coasteering
- Golf
- Pampering and beauty treatments at the house

Top Things to Do for Children

- Cornwall's Crealy Adventure Park
- St. Eval Kart Circuit
- Boobys Bay Beach

Payment Process

- We take a one third deposit at the time of booking
- The balance is due three months before the date booked

Cautionary Deposit

- £1000 refundable deposit

House Restrictions

- No pets please
- Not suitable for Hen or Stag Parties
- Noise policy in place
- No fireworks please

Arrival and Departure

- Check in 4pm
- Check out 10am

What's Included

- Linen
- Towels
- Utilities
- Please bring your own Beach Towels
- Extra housekeeping available on request

Guest reviews

This wonderful house receives fantastic feedback from our guests.

“It was billed as one of the best beach house locations in Cornwall... does it live up to it? The answer is yes, yes and another yes!” - **Cornwall Life**

“Guests at Seascapes can claim the creamy crescent of sand they overlook as their own” - **Sunday Times**

“How you can get a taste of an A-lister’s celeb lifestyle” - **Western Morning News**